

## Auckland Netball | Year 1 – 8 Junior Netball

	Year 1 & 2	Year 3 & 4	Year 5 & 6	Year 7 & 8
Recommended number of players	6	7	8 or 9	10 maximum 12
Pre-game	19 min NetballSmart warm-up & *skill activities	14 min NetballSmart warm-up & *skill activities	15 min NetballSmart warm up on court	15 min NetballSmart warm up on court
Game format**	4 v 4	5 v 5	6 v 6	7 v 7
Positions	No set positions	2 x Attack, 1 x Centre, 2 x Defence rotate, play all positions	2x Attack, 2 x Centre, 2x Defence rotate, play all positions	GK, GD, WD, C, WA, GA, GS play a variety of positions
Game time	2 x 10 min halves	4 x 8 min quarters	4 x 8 min quarters	4 x 10 min quarters
Substitutions	Rolling substitutions	Rolling substitutions	Rolling substitutions	Game breaks or injuries
Ball	20 cm textured playground	Size 4 netball	Size 4 netball	Size 5 netball
Height of hoops	Hula hoop or 2.10m	2.60m	2.60m	3.05m
Size of court	1/3 of a court	2/3 of a court	Full court	Full court
On court support or Umpire	Star Helper on court	Coach on court	***Umpire controlled with modified rules	***Umpire controlled
Use of whistle	No whistle, support play	No whistle, support play	Whistle	Whistle
Expected time on court for players	Equal game time	Equal game time	Minimum 1/2 game policy	Minimum 1/2 game policy
Scores, results, Ranking tables	No scores recorded	No scores recorded	Scores recorded, no results table	Scores recorded, results published, ranking table

\* refer to Netball New Zealand Video Resources [www.mynetball.co.nz/futureferns/how-to-play.html](http://www.mynetball.co.nz/futureferns/how-to-play.html)

\*\* refer to Netball New Zealand How to Play [www.mynetball.co.nz/futureferns/how-to-play.html](http://www.mynetball.co.nz/futureferns/how-to-play.html)

\*\*\* Year 5-8 teams must provide their own umpire. Coaches should not umpire their own team.

If you require assistance to find an umpire for your team please contact [games@aucklandnetball.co.nz](mailto:games@aucklandnetball.co.nz)

There is a \$10 cash fee required to be paid prior to your game if Auckland Netball has assisted with finding an umpire for your team.

### **Player eligibility - Netball New Zealand Junior Policy 2017**

Junior Netball has been designed to meet the physical, cognitive, spiritual and social needs with competition structure for the various stages of development. It is preferable that players only play within their year group.

In smaller schools or clubs where players may be required to play above or below their year group to enable all children to play; it is recommended that players should be placed in teams that match their stage of development.

### **Boys in Netball - Netball New Zealand Junior Policy 2017**

All boys may play Netball alongside girls up to the age of 12 (Year 8) without restriction.

Boys on court at any one time should be not more than 1/2 the team.

Note: Year 7 & 8 boys, maximum of 3 on court at any time with only one in each area of play i.e. (GS or GA: WA, C, or WD: GD or GK)